

Ema Sédillot Daniel

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EDUCATION

B.A., McGill University – Political Science and International Development
Montreal, QC

2022- *in progress*

Political Science, minor in International Development and Quebec Studies

- EXCELR Scholarship for Community Work
- Internship at AlterGo
- Internship Spotlight Awardee: Internship at Black History Month Roundtable
- Internship at Centre de Ressources et d'Action Communautaire
- Lev Bukhman Internship Award

Exchange at University of New South Whales
Sydney, Australia

January - June 2024

Champlain Regional College - *Diplôme d'études collégiales*
Saint-Lambert, QC

2020-2022

Contemporary world Program with mathematics

- Honors Lists

Collège Jean de la Mennais - *Diplôme d'études secondaires*
La Prairie, QC

2013-2020

- Honors Lists
- JDLM Recognition Award – Respect and Sociability (2013 – 2019)

PROFESSIONAL EXPERIENCE

McGill Internship at the non-profit organization Black History Month Roundtable
Montreal

Summer 2024

- Designed a framework and organizational structure for stakeholders to articulate issues, challenges, and concerns impacting Black communities, addressing social, economic, cultural, and educational dimensions
- Met with key figures in the field, including the provincial Deputy Minister of Economics and "Lutte Contre le Racisme," Christopher Skeete to introduce the organization and propose potential reforms
- Managed a mural project focusing on the historical and social context of the Black communities in Little Burgundy
- Developing workshops aimed at creating discussion among adolescents about topics of intersectionality and history of Afro-descendants in Canada

***Cultural Integration Mentor for French Language Students for Quebec Studies Program
McGill University, Montreal***

Fall 2024

- Design and facilitate sociocultural workshops for a group of five non-Francophone/Anglophone students, focusing on shared interests and opportunities for exchange and sharing experiences in French
- Participate in training sessions and promoted workshops to students
- Contribute to the development of the pilot project in collaboration with the coordination team

***McGill Internship at the Centre de Ressources et d'Action Communautaire Food Bank
Petite-Patrie, Montreal***

- Assisted in the distribution of food and essential items to community members in need
- Collaborated with a team to organize and manage food drives, increasing community engagement and support

McGill Internship at the non-profit organization AlterGo

2022-2023

Montreal

- Build a portfolio of the services provided to people with disabilities in the sector of Rosemont La-Petite-Patrie
- Promotion of universal accessibility
- Draft reports on the different categories and findings established

***Customer Service at Yoga Vibe
Brossard***

Fall 2024- Ongoing

- Assist clients with inquiries, class bookings, and membership services, ensuring a positive experience.
- Manage payments, membership renewals, and maintain accurate client records.
- Clean and prepare the yoga studio before and after classes, ensuring a welcoming and hygienic environment

***Paddle Board Instructor
KSF, Montreal***

Summer 2024

- Strong communication and interpersonal skills
- Ability to design and execute engaging lesson plans
- Excellent problem-solving and emergency response skills
- Knowledgeable in equipment maintenance and safety checks

***Secretary Position for Provincial Elections
Candiac, QC***

October 2022

- Reliable at handling confidential tasks
- Organizational and management skills

***Vaccine Passports Clerk
Complexe Sportif Jean de la Mennais, La Prairie***

2021-2022

- Explain and enforce rules and regulations put in place by the government to ensure safety

Dining Room Attendant for Retirement Home

2021-2023

Alizea Residence, La Prairie

- Prepare and serve food to the elderly with semi-autonomous capabilities
- Oversee and monitor the dining room for security precautions

Mountain Equipment Company (MEC)

January - May 2023

Magasin de plein air, Longueuil

- Manage a cash register
- Provide knowledge in regards of the essential of outdoors activities (hiking, camping, etc.)

Tutor at FACE High School & Jean de la Mennais

2015 - 2023

Montreal

- Follow and create lesson plan for mostly mathematics and geography
- Participated in extracurricular activities as a mentor

Camp Counselor

2018-2023

Collège Jean de la Mennais, La Prairie

- Manage a group behavior and foster a safe, productive learning environment
- Oversee and monitor activities done at the Camp
- Prepare camp schedules with specific specialities (science, art, danse)
- Explain and enforce rules and regulations to ensure safety

Barista and Customer Service at Rose Bloc coffee

Fall – Winter 2023

- Essential barista skills
- Assist and instruct new climbers

Tennis Instructor for Young Children (3 - 6 years old)

2018-2021

- Develop training plans to teach relevant skills, tactics, and techniques for the base of tennis
- Assure the security and wellbeing of the class

SOCIAL INVOLVEMENT AND ACTIVITIES

Editor for *The McGill Journal of Refugee and Migration studies (MJRMS)*

August 2024 - Ongoing

- Supported the WUSC McGill local committee in raising awareness about refugee issues and rights
- Published works on refugee and migration issues authored by McGill undergraduate and graduate students
- Produced content in both English and French to reach a broader audience

Social Media Coordinator and contributor in *Le Délit*, McGill's Francophone Newspaper Fall 2023

- Weekly posts of the Newspaper online
- Edited two academic articles:
 - *Naviguer sur l'océan Indien depuis McGill*
 - *La dépendance affective : un mal invisible ?*

Volunteer work at Finca Ganadito, an Eco-Responsible farm in Costa Rica

July 2023

- Contributed to Drake Bay's turtle conservation efforts by assisting with monitoring, protection, and nesting site maintenance
- Participated in sustainable gardening and planting activities to maintain and enhance the farm's eco-friendly environment
- Supported farm operations by cultivating crops and helping with land management practices to ensure environmental sustainability

Entraide Club

2015-2020

- Suicide prevention training and weekly educational workshops to become a better help and support to students in need
- Participate in fundraising activities that raise awareness for mental health like Better Living Week
- Be aware and available to students with unusual behaviours in order to provide friendly support and guide them to professional help like social workers, teachers, etc.

Community Engagement Club

2018-2023

- Volunteering at a support House for HIV patients, Maison D'Hérelle
- Activities alongside the elderly (often *Frères de institution Chrétienne – JDLM*) and underprivileged children

Sani Sport Competitive Tennis Club, La Relève

2016 – 2019

- Won Silver - Second Place in Quebec's Regional Games 2017

Jean de la Mennais's Women Amiral Flagfootball

2018- 2019

Captain (2019)

South Shore's Lynx Women Volleyball team

2017 - 2018

Captain (2018)

SKILLS & INTERESTS

- Dynamic and adventurous, enjoys being active, hiking backpacking, and outdoor activities
- Developed leadership and teamwork skills through participation in various sports and volunteer work
- In the process of doing Yoga Teacher Training (YTT200)
- Spoken and written languages: French, English, and basic Spanish
- Certified Paddle Board Instructor by Paddle Canada
- Completed Canadian Red Cross Standard First Aid & CPR/AED Level C (BL) in 2024